

# Otley Cycle Club

## Children's Cycle Coaching

### Summer 2024

#### Children's Cycle Coaching - Summer 2024

6 x Friday evenings  
Starting 14th June 2024  
18.30 - 19.30 pm

Arrive by 18:15 for bike check

Prince Henry's GS  
Wharfe Meadows playing fields

To Register:

email:  
[otleycycleclub@gmail.com](mailto:otleycycleclub@gmail.com)

#### Joining instructions and other Details

We are pleased to announce that the Annual **Otley Cycle Club Children's Cycle Coaching** will be held at **Prince Henry's Grammar School** playing fields on **Wharfe Meadows** beginning on Friday 14th June @18:30. This will be a series of **six** consecutive Friday evening 1 hour sessions (**Friday 14th June 2024 to 19th July 2024**).

**Cost:** - The cost is **£38.00** and this gives you family membership of Otley Cycle Club for 1 year. This will include up to 2 children and will be collected on the first night by cash, bank transfer or card.

**Purpose:** - This is to take children through the fundamentals of "Safe cycling" and having fun on our bikes.

We will be using the PHGS playing fields down on Wharfe Meadows, the surrounding woods and the cycle paths in and around the Wharfe Meadows Park. We will not be cycling on any roads apart from the approach to the field which is car free. (The barrier will be down so please use parking next to the Park). There will be some elements of "Risk

taking" such as cycling down grassy banking and racing.

The 6 week course will comprise of 5 weeks of instruction. The 6<sup>th</sup> Week will be a "Fun Race" night with prizes.

If it is wet at 5.30 the session will be cancelled. (Group WhatsApp, please indicate you are happy with this)

**Parents:** - We ask that parents/carers stay at the session to support their child with any personal care or support if they fall off. (You may take this responsibility for children in your care) Parents/carers are very welcome to join our team of coaches, please volunteer by letting one of our leaders know.

#### **What should I bring?**

The cyclists will need a bike in good working order, a helmet and a drink.

#### **Safety**

Our lead coaches have a coaching qualification and are First Aiders with a Safeguarding and DBS certificate.

**On the first night please complete a consent form which will be available when you make payment**