

## otley

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## Do you want a safe introduction to children's cycling?

Children's Cycle Coaching - Summer 2025

6 x Friday evenings Starting 13th June 2025, 18.30 - 19.30 pm

Bring your bike and arrive by 18:15 pm for bike check

Prince Henry's GS Wharfe Meadows playing fields

To register use the Trybooking QR code:



Or follow link

https://www.trybooking.com/uk/ERFN

## Instructions and other details

We are pleased to announce that the annual **Otley Cycle Club Children's Cycle Coaching** will be held at **Prince Henry's Grammar School** playing fields on **Wharfe Meadows** from Friday 13th June @18:30. There will be a series of **six** consecutive Friday evening 1-hour sessions (**Friday 13th June 2025 to 18th July 2025**).

These sessions are aimed at primaryaged children between year 1 and year 6 (Key Stage 1 – ages 5 -7 and Key Stage 2 – ages 7-11).

**Cost** - The cost is **£19.00** per family for all six sessions, this also gives you family membership of Otley Cycle Club for 1 year. Entry covers up to 2 siblings.

While we'd prefer parent/ carers to register through Trybooking we will accept cash payments on the evening.

Purpose - This is to take children through the fundamentals of "Safe cycling" and having fun on our bikes.

We will be using the PHGS playing fields down on Wharfe Meadows, the surrounding woods and the cycle paths in and around the Wharfe Meadows Park. We will not be cycling on any roads apart from the approach to the field which is car free. (The barrier will be down so please use the parking next to the Park). There will be some elements of "Risk taking" such as cycling down grassy banking and racing.

The 6-week course will comprise of 5 weeks of instruction, the 6<sup>th</sup> Week will be a "Fun Race" night with prizes.

If it is wet at 5.30 the session will be cancelled. (Group WhatsApp, please indicate you are happy with this)

**Parents** - We ask that parents /carers stay at the session to support their child with any personal care or support if they fall off (you may also take this responsibility for other children in your care). Parents/carers are very welcome to join our team of coaches, please volunteer by letting one of our leaders know.

What should we bring? - The cyclists will need a bike in good working order, a helmet and a drink.

**Safety** - Our lead coaches have a coaching qualification and are First Aiders with a Safeguarding and DBS certificate.

On the first night please complete the parental consent form which will be available when we first meet you.